



Roland Trescher

MA Theatre Studies, Education, Psychology LMU Munich, Universiteit van Amsterdam, acting training with teachers and trainers in Germany, USA and CAN. Acting qualification ZAV, NLP Master, Trainer (DVNLP), Coach Training (Inntal Institut), Certification SIZE Process Trainer and Consultant, Mimic Resonance Professional, Licence Heilpraktiker Psychotherapie, User, Consultant and Coach Positive Psychology (DACH-PP)

„Flourish And Connect People“

In his training, coaching and seminar work, Roland Trescher combines concepts of communication and behavioural training with drama and theatre exercises from the world of Applied Improvisation. Trescher stands for action-oriented learning with a sense of humour and ease. His clients and participants learn how to react agile and self-determined, even in uncertain situations. As a result, he encourages the participants' curiosity and agility, and therefore increases their presence and performance.

His strength is the transfer of topics, conflicts and change scenarios into catchy, emotional, experience-oriented exercises. Action-orientated learning in combination with valid background knowledge and know-how are his mission. Roland Trescher ist tätig für Theater, Unternehmen, Non Profit Organisationen und Bildungsinstitutionen. Er arbeitet in deutscher und englischer Sprache.

Member of „Applied Impro Network“ www.appliedimprov.com

Member of Verband DVNLP www.dvnlp.de

Member of Dachverband Positive Psychologie www.dach-pp.eu

Activities

- Trainer / Coach** Self-employed as a trainer and coach for, among others:
HVB Group - UniCredit, Amgen GmbH, BMW, coop Schweiz, Bayer Vital, EDEKA, MunichRe, Media-Saturn, Bosch Rexroth, Roche Diagnostics, Porsche AG, Deutsche Aids Hilfe, E.ON Energy, E.ON Ruhr Gas, Glaxo Smith Kline, GSA (German Speaker Association), ACCOR Hotel Group, Linde AG, AUDI AG, Mercedes Benz, Vattenfall, W.L. Gore, WKK Versicherungen, Rundstedt und Partner, The Advisory House, Weleda GmbH, Porsche Leipzig ...
- Lectureships** Lectures and seminars at the LMU München (u.a. Studienschwerpunkt Spiel- und Theaterpädagogik 1997-2002) , TU München, Universität Augsburg, Universität Zürich / Bern, Universität Würzburg, BayZiel - Bayerisches Zentrum für Innovative Lehre, Akademie für Lehrerfortbildung (Bayern) seit 2012 Trainer und Lehrtrainer der Impro-Live-Akademie, Berlin / Akademie Resilienz Forum, Berlin - seit 2020 stellv. Leiter der Impro Live Akademie
- Seminars** Open seminars and workshops on Improvisation, Applied Improvisation, Personal Development, Communication, Presentation, Creativity, Agility, Resilience, Positive Psychology
- Keynote** Keynote speaker on the topic of "Improvise Your Life" and "Performance through Presence" - 2010 to 2018 Lecturer at the German Speaker Association - Professional Speaker Course
- Improvise** Actor, improv player and improv coach
e.g. national coach for the 2006 World Theatre Sports Championships, fastfood theatre, isar148 theatre (owner and artistic director) www.isar148.de
approx. 2500 performances in Germany, USA, CAN, BRA, SLO, ESP, NL
TheaterRaum - Berufsfachschule für Schauspiel und Regie (deputy headmaster until 2013)
- since 2012 **Board Member „Impro macht Schule e.V.“** (www.impro-macht-schule.de) -
Communication, team building and personal development at Munich secondary schools